

Call In Number

717-271-0043

Good Morning 5 quotes to brighten your morning

- People who say they sleep like a baby usually don't have one
- A man was preaching in jail. He began by saying, "I'm glad to be here and I'm glad to see all of you here." Without realizing what he had said, he continued, "I know it took a lot of effort for you to be here." Still oblivious, he continued, "You have no idea how much better the world will be because you are here."
- Husbands are meant to be talked to. It helps them concentrate on what they are reading.
- The Lord gave us 2 ends one to sit on and the other to think on. Success depends on which one we use the most.
- Courage is not the absence of fear but the willingness to push on in the face of it.

Review

• King – righteous energy

Tyrant / Abdicator

- Warrior conquering energy
- Lover romantic energy

Destroyer / Passive

Critical / Cold

• Friend – connecting energy User / Loner

Additional QUESTION for Small Group – Which of these would define your dad??? Which one rises to the top?

• I'm going to tell you my story in a few minutes.

Manhood Plan Worksheet – P 92

- It will help walk you through producing a plan of action of steps to take to accomplish your goals.
- To graduate, we will produce a manhood plan.

By session 5 we'd encourage you to have most of these questions answered to get the process started By session 8 – Looking at who I am (Start part 2, A Look at Now) By session 12 – Where do I go from here? (Start part 3, A Look Ahead) The Target \rightarrow GRADUATION!

- The next few weeks are going to get a bit intense as we spend time looking back and unpacking the past
- We're going to look back so that we can look ahead so that we can make a difference and be all that we can.
- NOT be who we were but <u>become all that we are designed to be</u>



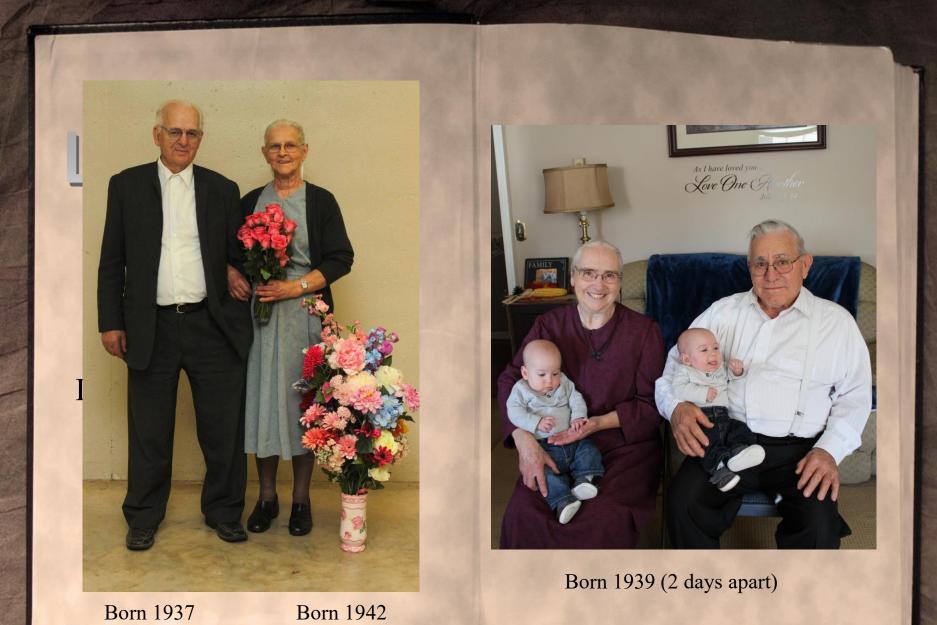
III. Up Close and Personal

A. Everybody has a story.

We are a composite of our parents, environment, and people from our past. However, we can be a product of our past, or we can be a product of the regenerative power of Jesus Christ. Either we will learn to deal responsibly with our past, or our past will deal viciously with us. - Jason Reed

> While we are products of our past, we are not prisoners of it!

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Moments that Shaped My Life

1. Good Moments

Page 15



Moments that Shaped My Life

1. Good Moments

3. Missed Moments

2. Noble Moments

4. Hurtful Moments

5. Defining Moments

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Looking Back...

A.My story is not <u>unique</u>. As a man, I am not <u>alone</u>.

B. When a boy fails to <u>connect</u> with his Dad, <u>demons</u>, of one kind or another, often fill the void. Page 16 C. Many men have yet to reckon with their past or close out the <u>unfinished business</u> that still lives there.

D. Until a man <u>unpacks his past</u> and deals with the <u>themes</u> and <u>pain</u> that reside there, he can never be an authentic man. LOOKING BACK,,, E. You cannot become a real man without <u>help</u>. There is no such thing as a <u>"self-made man."</u>

F. For better or worse, we are all significantly shaped by the kind of <u>family life</u> we experienced.

Unpagnog

Lesson 4 Page 18

WHY MEN STRUGGLE TODAY

a. Some of it has to do with <u>society</u>.
b. Some of it has to do with <u>family</u> <u>dynamics</u>.

c. Some of it has to do with <u>Dad</u>.

Cd's back at the table:

Paradoxical Parents

by Dr. Allen Myer

Notes from the cd: Our parents were not perfect

If you do not learn to handle the imperfections of your own parents appropriately, it'll be you that pays the price, not them.

We are marked for good or bad from our upbringing, (family of origin).

There's 30 available by donation. Or contact <u>encourageyoungmen@gmail.com</u> for an mp3 version Cd's back at the table:

Paradoxical Parents

by Dr. Allen Myer

Notes from the cd: Honor your father and your mother Let the good stuff in your life be as good as it really was. Let the bad stuff in your life be as bad as it really was. Learn the skills of gratitude and forgiveness.

There's 30 available by donation. Or contact <u>encourageyoungmen@gmail.com</u> for an mp3 version

Three Grigal Issues

A. Addressing the <u>unfinished</u> <u>business</u> of my past.

THREA BRICE What do we mean by wound? Any unresolved issue where lack of closure adversely impacts and shapes the direction and dynamics of a man's life now.

Three Griteal Issues

What do we mean by wound?

Any <u>unresolved</u> <u>issue</u> where lack of closure adversely impacts and shapes

Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed; and ye shall know the truth, and the truth shall make you free. John 8:31-32

Three Griteal Issues

- Five Wounds...
- A. The absent father wound
- B. The overly **bonded** with **mother** wound
- c. The <u>all alone</u> wound
- D. The lacking of manhood vision wound
- E. The <u>heart</u> wound

A. Addressing the <u>unfinished</u> <u>business</u> of my past.

- B. Establishing a clear and compelling manhood vision.
- C. Creating a high impact workable, <u>plan</u> for my life.